

# THE EARLY YEARS POSITIVE AFFIRMATIONS



WELLBEING WORKS



**I KNOW TO LOOK  
AFTER OTHERS I  
HAVE TO LOOK  
AFTER MYSELF**

S

01

02

**I BELIEVE THAT  
EVERYONE IS  
DOING THEIR  
BEST INCLUDING  
ME**



**I WILL BELIEVE IN  
MYSELF AND NOT  
COMPARE  
MYSELF TO  
OTHERS**

03

04

**I AM NOT JUST AN  
EARLY YEARS  
EDUCATOR, I DO  
ONE OF THE MOST  
IMPORTANT JOBS  
IN THE WORLD**

